

# ***INTERNATIONAL HAYASHI-HA SHITO-RYU KARATE-DO FEDERATION***

**Technical Seminars  
May 17 & 18<sup>th</sup>. 2013  
Bellevue, WA**



## **Instructors:**

**Kata:** Hanshi Julius Thiry, 8<sup>th</sup> Dan – Coach of many International Champions  
Sensei Junko Arai, – 2 time World Medalist, World Games Medalist

**Kumite:** Shihan Makoto Matsuura, 7<sup>th</sup> Dan  
Sensei Seiji Nishimura – 2 time World Champion

### **Friday, May 17<sup>th</sup> .:**

5:30 – 7:00 pm – Kata Seminar (Red Belt and under)

7:00 – 8:30 pm – Kata Seminar (Purple Belt and above)

### **Saturday, May 18<sup>th</sup> .:**

10:00 – 11:30 am – Kumite Seminar (10 and under)

1:00 – 2:30 pm – Kumite Seminar (11 and above)

3:00 – 4:30 pm – Kumite Seminar (Brown & Black Belts only)

**Cost:** \$100/Seminar, \$175/all  
(2<sup>nd</sup>. family member 25% off, 3<sup>rd</sup>. family member 50%)